

Go NAPSACC



Join us!

Give young children a healthy start with Go NAPSACC!

From mealtime, to gardening time, to story time, children have opportunities each day to learn where their food comes from. Go NAPSACC is a trusted online tool that helps early care and education (ECE) programs go the extra mile to support children's healthy eating and physical activity. Farm to ECE is the newest module of Go NAPSACC and is available to you now!

Getting Started

Go NAPSACC provides easy-to-use online tools and an online library of helpful videos, activities, and flyers. Programs like yours have used Go NAPSACC to offer local food on menus, start a garden, and educate families about healthy eating and local food.

"We started tasting fresh veggies every week and now the kids ask for them."

"This allowed me to see the importance of having policies in place...and do more in the way of parent information."

Learn More!



See how others have found success with Go NAPSACC.

<https://youtu.be/qUiSK5K7Qrs>

Join Today!

Fill out the enrollment form below to get started:

<https://www.surveymonkey.com/r/GoNAPSACC2019-2020>.

Once completed, someone from the Department of Public Health or the RESC Alliance will contact you with more information.

Enrolled programs will receive dedicated support from a technical assistance consultant and a variety of resources, valued at **\$150** per site, to help support implementation!

Go NAPSACC's 5 Steps to Success

1 **Assess** current practices in:



Farm to ECE

*Self-assessments also available in various nutrition & physical activity topics

2 **Plan** how to improve

3 **Take action** with the help of a TA professional

4 **Learn more** with our online resource library and local trainings

5 **Keep it up!**



Contact Jennifer Vinci, Nutrition Consultant at Jennifer.Vinci@ct.gov for more information.