

# ..... **RED, WHITE, & BLUE PARFAIT** .....

**Grades: K-12**

**Yield: 32 portions**

<b>INGREDIENTS</b>	<b>32 SERVINGS</b>		<b>DIRECTIONS</b>
	<b>WEIGHT</b>	<b>MEASURE</b>	
Fresh Blueberries Fresh Strawberries Low fat Vanilla Yogurt Nut free granola	2 lbs 12 oz. 3 lbs 2 oz. 128 oz.	16 cups 8 cups	1. <i>Sanitize work area with bleach &amp; water solution.</i> 2. Wash Hands. 3. Put on food service gloves. <b>Cooking Methods:</b>  1. Wash blueberries 2. Wash and chop strawberries 3. Using a 12 oz. cup layer 2 oz. (1/4 cup) yogurt, 1/4 cup strawberries, 1/8 cup granola, 2 oz. (1/4 cup) yogurt, 1/4 cup blueberries and 1/8 cup granola per serving
<b>Serving Size:</b> 1 parfait = 10 oz. in 12 oz. parfait cup  <b>Meal Pattern Contribution:</b> 1/2 cup Fruit, 1 oz. Meat/Meat Alternate, 1/4 oz. equivalent of Whole Grain			<b>Serving Instructions</b> 1. Hold at 40°F or less throughout serving

*Recipe and Meal Contribution Review completed by Put Local on Your Tray.*

*SFAs must check the crediting information for accuracy prior to including the item in reimbursable meals.*

