CURRIED SQUASH SOUP

Old Saybrook Schools - 2018

Grades: 9-12 Yield: 25 or 50 servings

INGREDIENTS	25 SERVINGS		50 SERVINGS		
	WEIGHT	MEASURE	WEIGHT	MEASURE	DIRECTIONS
Zucchini and/ or Yellow Summer Squash, washed and diced Yellow Onion, peeled and chopped Canola Oil Curry Powder Vegetable Stock, low sodium	5 lb 12 oz 1 lb 8 oz	2 1/2 cups 2 T 1.5 T 10.5 cups	11 lb 8 oz 3 lb	5 cups 4 T 3 T 21 cups	 Wash hands. Put on food service gloves. Add oil to stock pot Add yellow onion and zucchini. Saute until soft 5 minutes. Add Curry Powder. Cook 1 minute. Add vegetable stock. Bring to boil. Lower to simmer 10-15 minutes.
Serving Size: 8 oz cup Meal Pattern Contribution: ½ cup Other Vegetable Notes: 1 cup soup provides 4 oz. vegetable plus 3.3 oz. broth.					9. Puree soup with immersion blender. AT SERVICE: Hold at 140°F or higher throughout serving. Check temperature again during serving. If below 140°F, remove from line and reheat to 165°F.

Recipe and Meal Contribution Review completed by Put Local on Your Tray.

SFAs must check the crediting information for accuracy prior to including the item in reimbursable meals.

