Menu Planning Calendar

*KEY:
- Yellow: Growing Season
- Red: Storage/Extended Season
- Red-Orange: Starchy
- Green: Dark, Leafy
- Brown: Other

CROP
- Arugula
- String Beans
- Beets
- Bok Choi
- Broccoli
- Broccoli Rabe
- Cabbage
- Carrots
- Califlower
- Celery
- Collard Greens
- Corn
- Cucumbers
- Eggplant
- Green Peas
- Kale
- Leeks
- Lettuce, leaf or head
- Iceburg Lettuce
- Onions
- Peppers, bell or chili
- Peppers, red
- Peppers, yellow
- Potatoes
- Pumpkins, Sugar
- Radishes
- Spinach
- Squash, Winter
- Squash, Spaghetti
- Summer Squash, green or yellow
- Swiss Chard
- Tomatoes